Vanya Food Forest Natures Own Farming

Patanjali Jha

The hardest thing to see is what is in front of your eyes.

- Goethe

Five impending calamities facing us -Cancer

 The MoS for Health in a written reply to a question in the Rajya Sabha revealed,

"As per the National Cancer Registry programme of the ICMR, one out of eight men has the possibility of developing cancer in his lifetime (0-74 years). Similarly, one out of nine women has the possibility to develop cancer in her lifetime (0-74 years)."

Five impending calamities facing us -Heat

- Rising Temperatures would make 9 cities unlivable in India in next 10 years.
- http://www.hindustantimes.com/india-news/hotter-days-heat-stress-tointensify-in-9-indian-cities-including-delhi-mumbai/story-Hbh46kbuvT3Hl5QPRfdXYI.html

Five impending calamities facing us -Water



54% of India face high to extreme water stress.



70% of our water is

contaminated. India is currently ranked 120 among 122 countries in the water quality index.

Baseline Water Stress (Withdrawals/available supply) Low(<10%)



- Low to Medium (10-20%)
- Medium to High (20-40%)
- High (40-80%)
 - Extremely High (>80%)
- Arid & Low Water Use

Five impending calamities facing us - Degraded Soil

- Large part of Indian soil most degraded with 30% and turning into desert -ISRO mapping over eight years
- http://www.thehindu.com/sci-tech/energy-andenvironment/%E2%80%98Almost-30-per-cent-of-our-land-undergoingdegradation%E2%80%99/article14474590.ece

Five impending calamities facing us - Jobs

Every month, a million Indians become age-eligible to join the workforce, but the growth in jobs has not kept pace with the rising number of aspirants.

https://www.theatlantic.com/magazine/archive/2018/03/charles-mann-can-planetearth-feed-10-billion-people/550928/

Vetiver



- The best example of bio-engineering and solution to major environmental crisis.
- Other than its role of water harvesting, cooling mother earth, being a source of fodder and definite good source of ethanol/bio compressed gas, it can help in meeting carbon sink commitments of the country before 2030.

Why Vetiver

- Vetiver is the best example of bio engineering recognized by World Bank; China, Vietnam, Thailand, Australia, Senegal, USA.
- They all are applying vetiver in a big way for their infrastructure projects such as to stabilize the roads, railroads, canals, urban dumping sites, for water harvesting, water purification.
- □ India its country of origin is found wanting and is not doing anything serious
- □ Four vetiver slips is equivalent to one Poplar Tree for carbon sink, lowering temperature and other benefits of the trees.
- It can be stabilized within two and a half months especially during the monsoons and is a very tough plant withstanding all varieties of temperature and Ph level of soil in our country. Vetiver for increasing ground water level

(https://www.youtube.com/watch?v=e482unvd3uc)

Other than its role of water harvesting, cooling mother earth, being a source of fodder and definite good source of ethanol/bio compressed gas, it can help in meeting carbon sink commitments of the country before 2030.

Vetiver for carbon sequestration: 1 square meter (0.3x0.5m spacing) of vetiver would sequester 15 kg carbon per year; 4.5 times more carbon than a fast growing poplar trees per unit

area.(http://www.vetiver.org/TVNINDIA_1stWORKSHOP_PROCEEDINGS/Chapter%201-1.pdf)

- □ 1 square meter typically requires 50 vetiver slips.
- Indian commitment for carbon sink as per Paris Agreement is 2.5 3 Gt
 CO₂e by 2030.
- This implies that India has to create carbon sink of 3* 10^12 kgs i.e. 3 billion tonnes of carbon.
- In terms of no. of vetiver slips it translates to (50*30*10^11/15) i.e.
 10,000 billion vetiver slips.
- In terms of area it translates to 200 billion square meter which is 2,00,000 sq.km. i.e. nearly 5,00,000 (5 crore) acres.

Vetiver for carbon sequestration

- All non cemented canals, highway slopes and partitions, railway lands, army lands can be covered with vetiver slips.
- □ The vetiver slips multiplies typically 10 times a year
- Therefore, starting with 10 crore vetiver slips in first year, by the end of sixth year, the target can easily be surpassed with the help of able hands of Eco Task Force, Forest Department, Paani Foundation, Sant Balwir Singh Seechewal, NGOs and all those committed to the cause.
- We have committed to provide 2 crore vetiver slips to Eco Task Force of which 150 lakhs have already been given at Eight different locations.

@VANYA - VETIVER & AGRICULTURE





@VANYA - VETIVER & AGRICULTURE



The pictures are from Vanya Farms





Pics on 06th May 2020.

Vetiver @ Vanya



Soil Erosion

Australia Badly eroded drainage channel on acidic sulfate



RIVER BANK STABALIZATION

Australia Four months after planting



RIVER BANK STABALIZATION



RIVER BANK STABALIZATION

Malaysia: An outstanding success, several floods did not damage this river

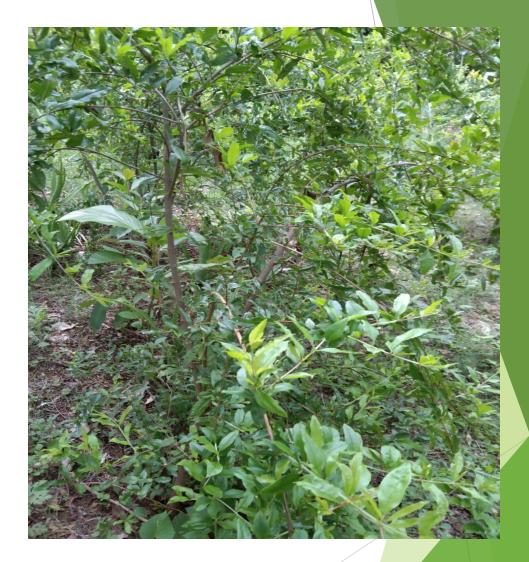




















CLEAN WATER FOR DRINKING

VETIVER SYSTEM FOR POLLUTION CONTROL

With high capacity of removing N and P in polluted water, vetiver cleaned up blue green algae in 4 days



In Vietnam and China floating rafts of vetiver have been used to help clean piggery effluent ponds Vetiver was grown in the left hand beaker. After 4 days it reduced nitrates by 94% and Phosphates by 90%.

On a piggery effluent pond in Vietnam



NATURAL DISASTER MITIGATION



Mitigation of Natural Disaster: Flood erosion in Cambodia

Strong current and waves cause massive crosion on the bank of the Mekong river

Following repairs and vetiver planting, this site has been stable during the last 3 annual floods

ADVANTAGES

The major advantage of Vetiver System is its **low cost.**

- Saving 65% and 75% in Australia for various structures and 90 to 85% in China and in low labour cost countries
- Vetiver System provides a natural, green and environment friendly method of erosion control and land
- Low maintenance costs in the long term.

I Forwarded

Sir,

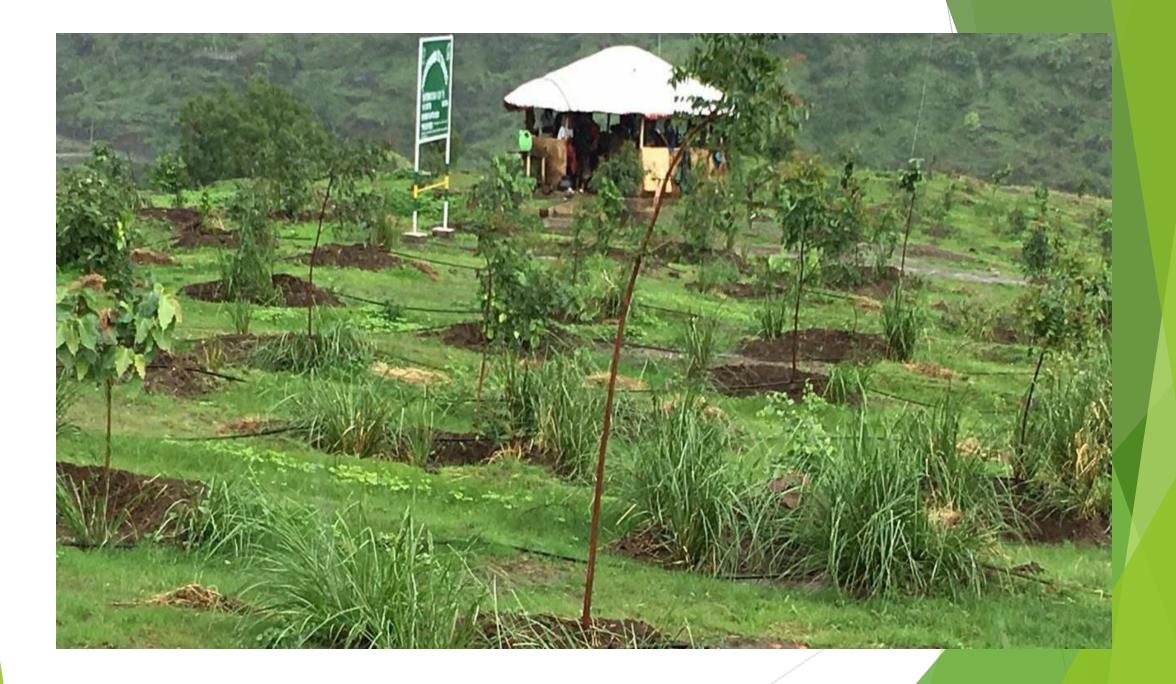
Based on calculations With initial 10 Lakh Vettiver planted incrementally under 2 yrs we have multiplied it @ 7 times and obtained total **203 Lakh** Vettiver on ground.

Thus, we achieved 175 Tons of Carbon Sequestered

The rest Compounding will take care.

Thanks to u Sir. 🙏 🏅 🙏

17:2

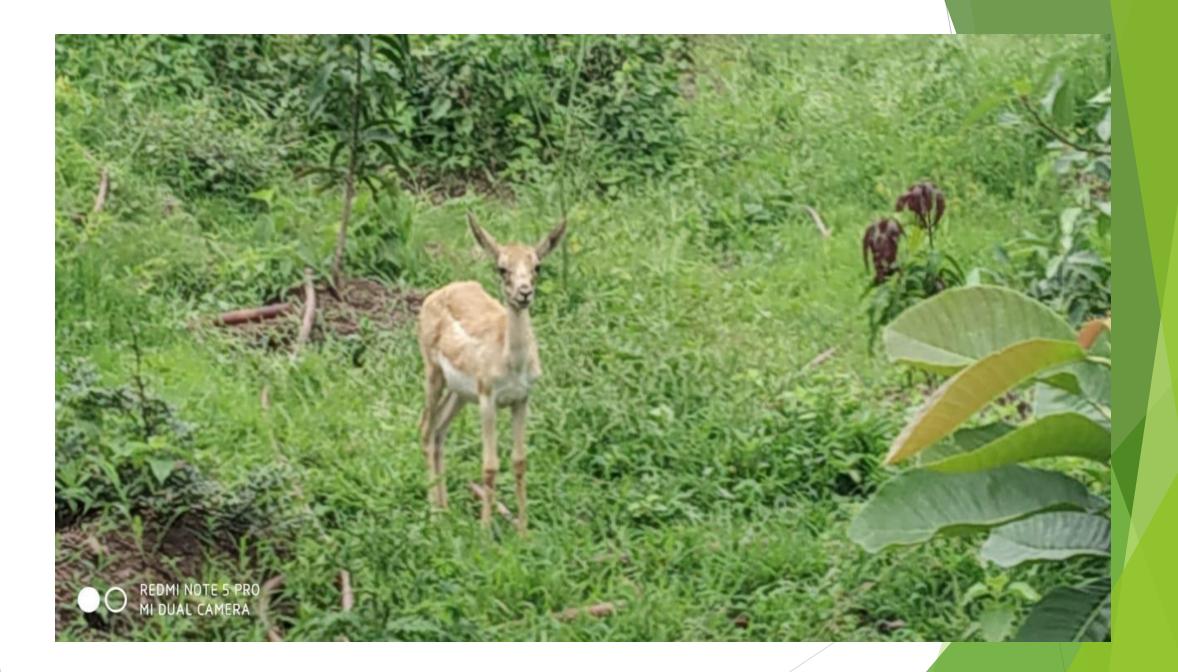












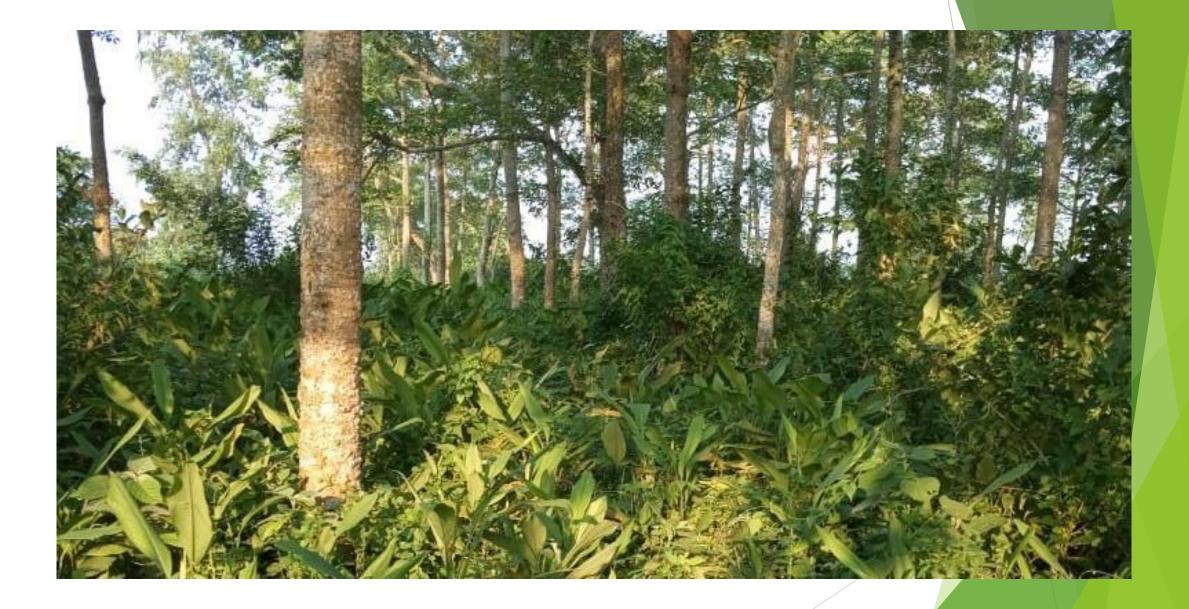
A Forwarded

At 7 other such locations of ETF we gifted similar quantities of vetiver hence carbon sequestration 175×7 tons, all this was possible with solid support from friends like you all. \downarrow



"Vetiver has the capability to impact positively on sustaining the environment and natural resources, while improving human welfare"





MORINGA LEAVES

These leaves could save millions of lives.

Moringa

Moringa Oleifera contains all 18 Amino Acids properly sequenced and in the optimal ratios. Amino Acids directly govern how the body works and functions. These Amino Acids perform the following tasks in the body.



7 times the Vitamin C of Oranges

times the Vitamin A of Carrots

times the Calcium of Milk

3 times the Potassium of Bananas

Tiny leaves. Enormous Benefits. $2\,\mathrm{times}$ the Protein of Yogurt



It's like growing multi-vitamins at your doorstep.

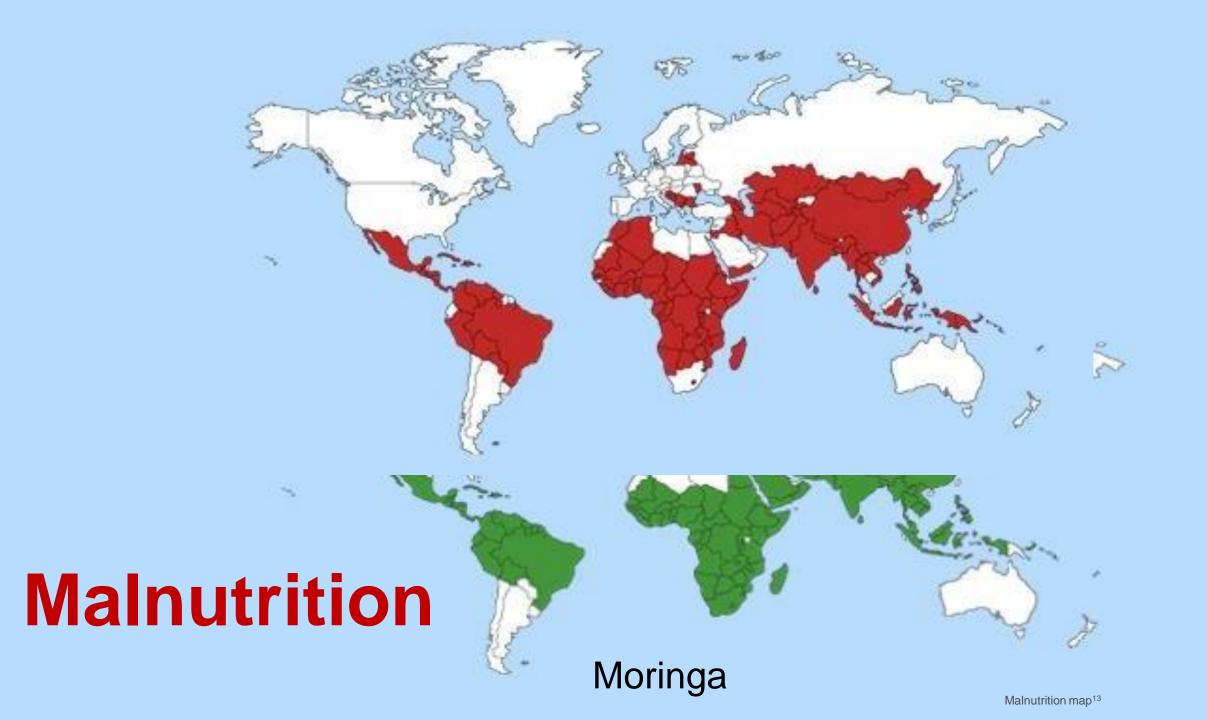
Vitamin A Vitamin B1 Vitamin B2 Vitamin B3 Vitamin C Calcium Chromium Copper Iron Magnesium Manganese Phosphorus Potassium Protein Zinc

Rare for a plant source, Moringa leaves contain all the essential amino acids...



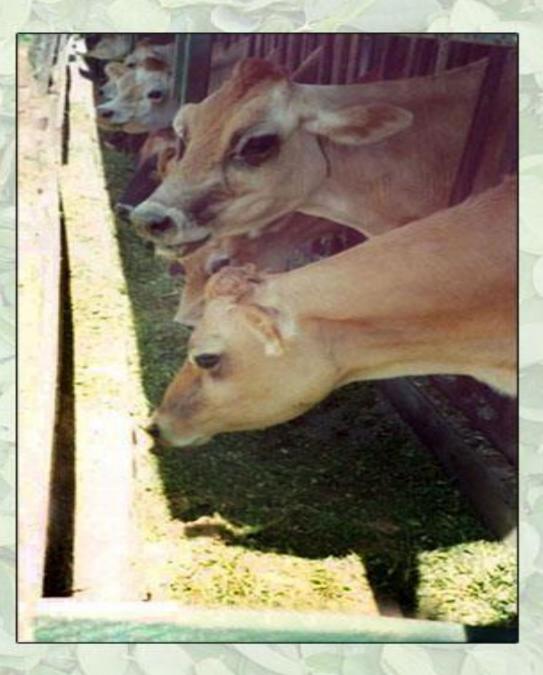


Moringa even contains *argenine* and *histidine* two amino acids especially important for infants.



Increases daily weight gain up to **32%**

Increases milk production 43% to 65%



Weight gain¹⁴, Milk production^{15,16}

Less than one-year old multilayer food forest Vine of *Paan* (*Betel Leaf*) getting ready to be put on Moringa trees









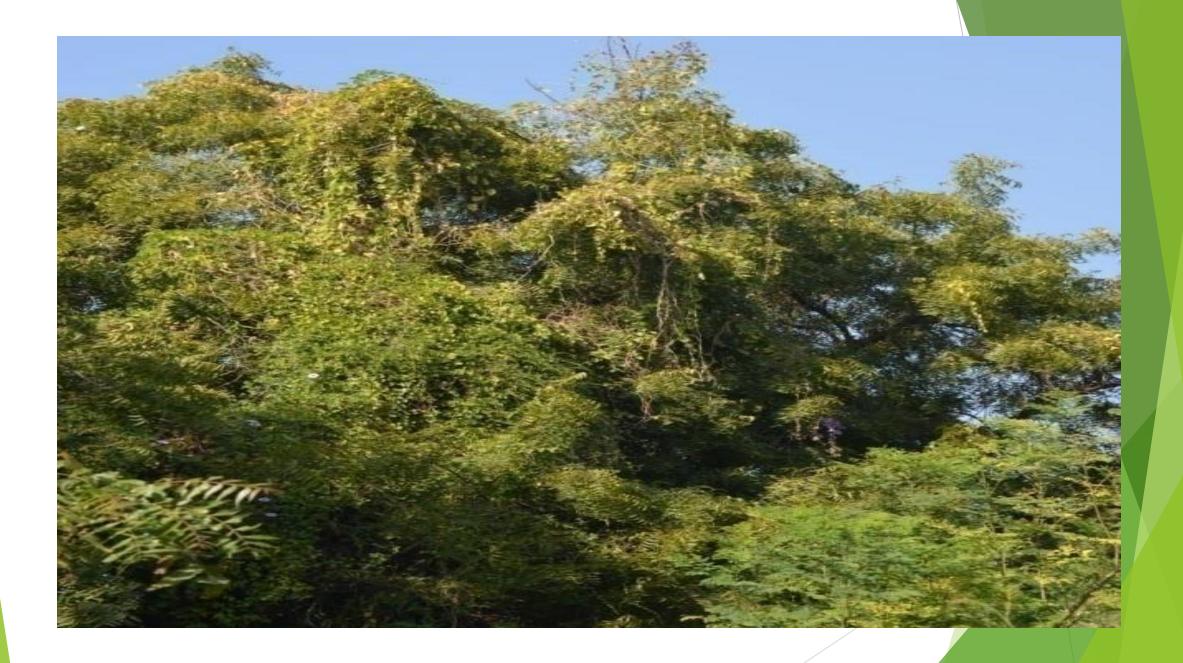


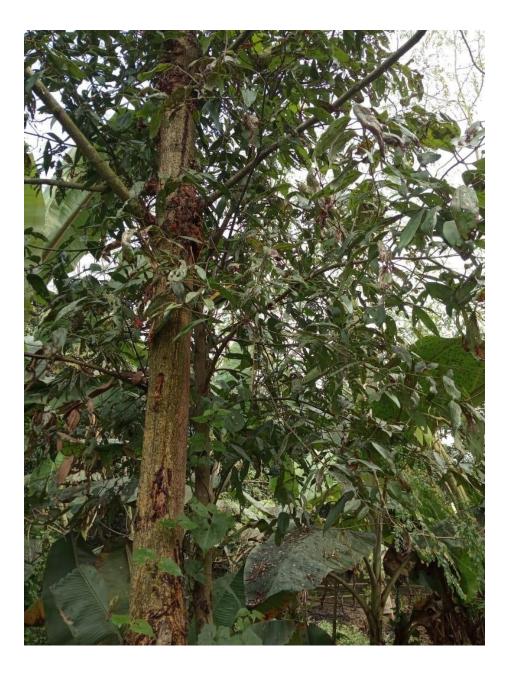












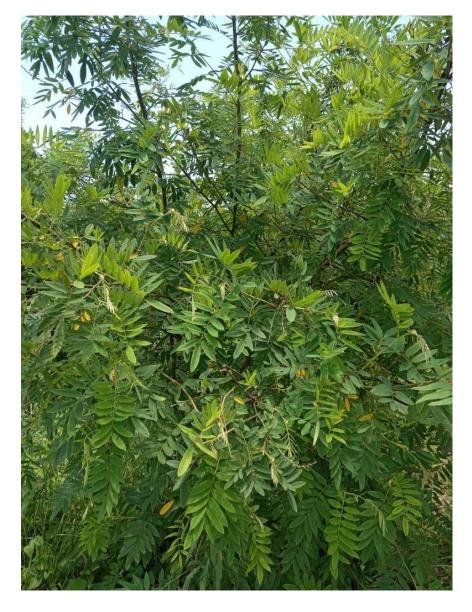














Pics on 06th May 2020.





Pics on 06th May 2020.



Vanya Visitors from Eco Task Force



Vetiver slips along with mini forest bags gifted to Eco Task Force, Assam.



Seed Ball Preparation !

Young ones securing their future !



Young ones securing their future !



The revolution has begun !





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Ref.No. S62 Faculty of Science /RKDF Uni. / 13

Name of Sample : Moringa Honey

Sample Size: 500 gm

Findings:

ANTI-INFLAMMATORY COMPOUNDS:

Vitamin A, Vitamin B1 (Thiamin), Vitamin C, Vitamin E, Arginine, Beta-sitosterol, Caffeoylquinic Acid, Calcium, Kaempferal, Leucine, Magnesium, Oleic-Acid, Phenylalanine, Potassium, Quercetin, Rutin, Selenium,

ANTI-OXIDANTS : Vitamin A, Vitamin C, Vitamin E, Vitamin K, Vitamin B (Choline), Vitamin B1 (Thiamin), Vitamin B2 (Riboflavin), Indole Acetic Acid, Indoleacetonitrile, Kaempferal, Leucine, Lutein, Methionine, Myristic-Acid, Palmitic-Acid, Prolamine,

ESSENTIAL AMINO ACIDS - Isoleucine - Leucine - Lysine - Methionine - Phenylalaine - Threonine -

Date: 11 4 18

Signature of authority

→ Forwarded



India's Ominous Future: Too Little Water, or Far Too Much

Decades of short-sighted government policies are leaving millions of Indians defenseless in the age of climate disruptions – especially the nyti.ms

India's Ominous Future: Too Little Water, or Far Too Much https://nyti.ms/2KPGowM

Absolutely correct, only food forest can withstand both excessive rains and dry spell.bonus cooling mother earth,great health, water harvested and retained,reviving river systems.that is why I maintain practice this or perish.

Testimonials

A Forwarded

The regular use of curcumin and moringa , as suggested by dear Patanjali, has reversed my lever to normal size from the enlarged fatty status. SGPT and SGOT , which was much higher are reduced to within normal range.

18:07

→ Forwarded

Respected Sir, Thank you very much for your magical herbs for curing RA of my sister. Fantastic results... From 27, it has come down to 9. Even she can't believe it. Thank you once again sir. Regards

Comments of Mr. R.P.Singh, Rtd. IFoS

"Hi Patanjali.

Greetings from Abhinav Gram Foundation, Ranchi Let me Congratulate u for ur brilliant Innovation and initiative. I am a 81 batch IFS retired recently abd working in Ranchi. We have adopted 27 villages of 4 panchayats whom we are helping to make their life a bit easier by promoting organic farming. I fully endorsed your vanya project. Will call you to learn more from you. Warm regards RP Singh CEO "

http://indianperiodical.com/2016/09/personof-the-week-patanjali-jha/

Thoughts of a Cancer Survivor

"Dear sir

You may recall that Mrs Seema Verma had introduced us to you when my son was diagnosed with cancer. I just wanted to inform you that my son pet scan was done today and he has recovered completely. I thank you from the bottom of my heart for your help and support. We are forever in your debt. In case I can do anything for you please do not hesitate to call me. My number is 098XX2XX50.

With warm regards and our gratitude "

Admiral Deepak Bali

Testimonials



abhishek narang • 2 months ago

My mother has been suffering from rheumatoid arthritis for last 6 years. We have taken treatment from different doctors and spent huge amount of money on biologicals also, but there wasn't much improvement. I met Patanjali Jha sir during some official engagement and got to know about the wonderful work being done by him and his team. I also came to know the wonderful medicinal properties of the various plants at Vanya Organics. My mother used the products of vanya organics and she has shown remarkable improvement. Earlier synovial fluid used to accumulate in her knees (for which we had earlier taken treatment from PGI Chandigarh which included radiation therapy also), but after consuming the products of vanya organics there isn't any excess fluid in the knees and she is feeling much better. The best part of the work done by Jha sir is that he isn't doing this for any commercial interest as he doesn't charge anything for the products supplied by vanya organics. Sir, I am really grateful to you for the work being done by you and your team. Best wishes to vanya organics!!! My Mom has had severe pain in her hand for the last 12 to 14 years. She tried a lot of medicines from all streams, to get rid of the pain. Didn't work.@DGIT(Inv) Patanjali Sir Sir gave me one set of simple, naturally grown leaves & herbs, from his farm. My Mom's pain has subsided by more than 50% within just a month! I've always heard him say that we have solutions for all our problems in the nature. So very true!Sir, thank you for doing whatever you have been doing. This is an amazing service - improving the quality of lives of people. And with zero commercial interest

> み Mr

Message shared by our JCIT

Respected Sir, Thank you very much for your magical herbs for curing RA of my sister. Fantastic results... From 27, it has come down to 9. Even she can't believe it. Thank you once again sir. Regards





CHANGE METER Has created awareness about the pitfalls of conventional chemical fortiliseralded farming

India Today Anniversary Issue, December 30, 2019

"FARMING IS DONE BY THE TREES AND BEES, YOU LET THEM BE IN A NATURAL WAY AND THEY'LL GIVE YOU A WONDERFUL ORGANIC HARVEST

ANKES TIWAR

that sunlight usage could be maximised. "The soil contains a vast number of beneficial nutrients and micro-organisms. Tilling it robs it off its value," ays Patanjali, adding that the "farming is done by the trees and bees. You let them he in a natural way and they'll give you a wonderful, organic harvest".

Patanjali says the overuse of chemi-cal fertilisers and pesticides has resulted in texic elements entering our food and water. "The Indian Council for Medical Research says in the days to come, every eighth Indian will be affected by cancer. The only way to prevent this is to keep our bodies alkaine. Food forestry has all the answers," he says.

Patanjali also works with the eco task force of the Territorial Army and has donated more than 12.5 million slips of vetiver, a grass that helps fight soil erosion. He has also tied up with the Ramakrishna Mission and Seva Dham, Ujjain, to whom he sends seeds for planting. Besides this, Patanjali gives all over the country delivering talks on his experiences as a food forestty farmer besides time spent at the farm explaining to visitors the benefits first-hand. But is the farm financially wiable? Patanjali believes that "earning threasy should not be the objective of farming. It will follow on its own...and is it more important than our health?" He stresses here that organic produce has a market, and does get a higher price. 'I don't go to temples. The forest is a spiritual experience for me," he adds. -Rahul Noronha

PATANJALLHA, 30 Vanya Organics Hood Terestryl, KHALSAT, MAILHYA PRADESH

GOING BACK TO NATURE



atanjali Jha is a man oo a missim. The 1986 batch IRS officer (surrest) D-G investigations, Karnataka ad Goa), when not chasing tax evades. is busy creating assurences about its pitfalls of conventional, chemical

fertiliser-aided farming. Patanjali's food forestry for on the banks of the Narmada river at Khalghatin MP's Khargone district is proof that it's natural farming can be made a success.

Inspired by Masanoba Fukuoka's seminal work# natural farming, The One Straw Republican, 17 years ago, Patanjali and five others, including investment bunker Sandrep Kothari, bought a 60-sere plot in village Akbarpar. The farm was christened Varys Organ ics. Different varieties of suplings, such 14 187 ringa, hanana, pupaya, lernon, guava, neem, beside turmeric, paan, lentils and chillies were planted. No tilling has been done and tto chemicals ever used. Thunlant.







"If 10,000 people in India resort to food forestry today, it can save 50,000 people in the next few years."

Links to watch

- □ Vanya Natura Farm : <u>https://youtu.be/0R3tLvEb4ks</u>
- Collecting rain water using Vetiver : <u>https://youtu.be/e482unvd3uc</u>
- Ground water recharge using Vetiver : <u>https://youtu.be/ytZ1xgdie5Y</u>

Stay away from negative people. They have a problem for every solution.

Thank You

www.vanyaorganic.com