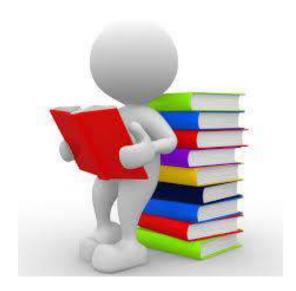
## Vol.10, No.6 (June)2022





## Compiled By:

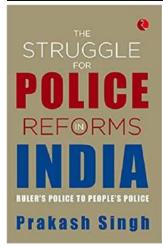
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#### 1. The Struggle For Police Reforms In India/ Prakash Singh



Police should be people-friendly and it should inspire confidence among all sections of people as the protector of their lives, property and honour. Unfortunately, we continue to be saddled with a 'politically useful' police which was created by the British essentially to uphold their imperial interests.

The author, a senior police officer, took upon himself the task of reforming the police and, in 1996, filed a public interest litigation in the Supreme Court for the purpose. It took him 10 years to get a favourable judgment from the highest court of the land; surprisingly and disappointingly, it has already taken another 15 years to get the judicial directions implemented—and the end is not in sight!

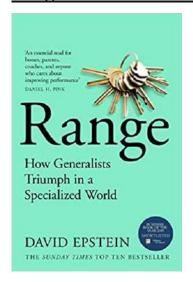
This book documents the efforts made to bring about police reforms in the country. Giving a historical background to the origin of Indian Police, the book traces its evolution during British rule and subsequently since Independence. Capturing the struggles of diverse sections of people and groups, it focuses essentially on the author's efforts to bring about transformational changes in the Indian police.

**Pub: Rupa Publication** 

Accession No. 157392

Call No. 363.23054 S617T

#### 2. Range: How Generalists Triumph in a Specialized World/ David Epstein

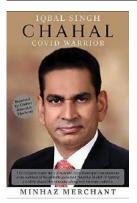


'Fascinating . . . If you? are a generalist who has ever felt overshadowed by your specialist colleagues, this book is for you'? Bill Gates The instant Sunday Times Top Ten and New York Times bestseller Shortlisted for the Financial Times/McKinsey Business Book of the Year Award 2019A Financial Times Essential Reads of 2019 pick A powerful argument for how to succeed in any field: develop broad interests and skills while everyone around you is rushing to specialize. From the ?10,000 hours rule? to the power of Tiger parenting, we have been taught that success in any field requires early specialization and many hours of deliberate practice. And, worse, that if you dabble or delay, you'll never catch up with those who got a head start. This is completely wrong. In this landmark book, David Epstein shows you that the way to succeed is by sampling widely, gaining a breadth of experiences, taking detours, experimenting relentlessly, juggling many interests? in other words, by developing range.

Pub: PAN Books Accession No. 157393

Call No. 363.23054 S617T

#### 3. Iqbal Singh Chahal Covid Warrior/ Minhaz Merchant

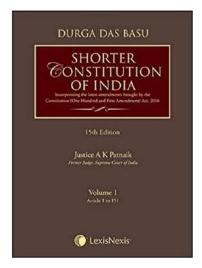


In the most devastating public health emergency in a century, the pandemic has killed millions around the world. As one of the world's most densely populated urban agglomerations, Mumbai was especially vulnerable to the coronavirus and its multiple mutations. This riveting book reveals for the first time the exclusive inside story of how the Commissioner of the Municipal Corporation of Greater Mumbai (MCGM), Iqbal Singh Chahal, along with his team, tackled the Covid-19 pandemic successfully with a series of innovations acclaimed globally as the "Mumbai Model". The MCGM's success in controlling the pandemic, including in Asia's biggest slum Dharavi where physical distancing is impossible, has drawn praise from among others, the World Bank, the World Health Organisation (WHO) and the US Congress. Minhaz Merchant was given unrivalled access to contemporary and archival documents.

Pub: Amaryllis Accession No. 157399

Call No. 303.485 M553I

## 4. Shorter Constitution of India/ Durga Das Basu

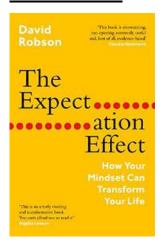


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Pub: LexisNexis Accession No. 157405

Call No. 342.54 B327S

## 5. The Expectation Effect: How Your Mind-set Can Transform Your Life/ David Robson

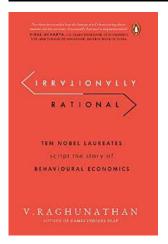


In this book David Robson takes us on a tour of the cutting-edge research happening right now that suggests our expectations shape our experience. Bringing together fascinating case studies and evidence-based science, The Expectation Effect uncovers new techniques that we can all use to improve our fitness, productivity, intelligence, health and happiness. Of course, you can't just think yourself thinner, happier or fitter, but using this book you can reframe many different facets of your life, and in so doing start real physiological change. These easy-to-use skills will help you on your way to becoming the person you want to be, living the life you want to live.

Pub: LexisNexis Accession No. 157407

Call No. 128.2 R667T

# 6. <u>Irrationally Rational: Ten Nobel Laureates Script the Story of</u> Behavioural Economics / V. Raghunathan

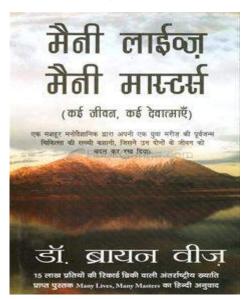


You and your friend each have flights to catch at 8 p.m. and your destination cities are different. You decide to share a cab, but get caught in a rare traffic jam lasting several hours. You end up at the airport around midnight, and surely enough, both of you miss your flights. All quantifiable consequences of missing the flights-cost of tickets cancellation, paying for a new ticket, taking a cab back to the city, overnight stay, taking a cab back to the airport next morning, etc.-are expectedly identical for both. Now suppose the airline assistant tells you, 'Sorry, your flight left as scheduled at 8 p.m. sharp.' But your friend is told, 'Oh, how very unfortunate. Your flight was almost four hours late and only just departed!' Who feels the greater disappointment? You or your friend?

Pub: Penguin Viking Accession No. 157414

Call No. 330.019 R141I

## 7. मेनी लाइव्हज्, मेनी मास्टर्स/ ब्रायन वीज



This book consists of a true story based on a famous Psychitrist and his patient's rebirth. This patient has changed the whole life of the Doctor. About Author: Brian Leslie Weiss, M.D., is an American psychiatrist. His research includes reincarnation, past life regression, future-life progression, and survival of the human soul after death.

Pub: Indra Publications Accession No. 157386

Call No. 133.9013 W814M

### 8. Ret Samadhi / Geetanjali Shree

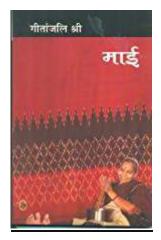


अस्सी की होने चली दादी ने विधवा होकर परिवार से पीठ कर खटिया पकड़ ली। परिवार उसे वापस अपने बीच खींचने में लगा। प्रेम, वैर, आपसी नोकझोंक में खदबदाता संयुक्त परिवार। दादी बज़िद कि अब नहीं उठूँगी। फिर इन्हीं शब्दों की ध्विन बदलकर हो जाती है अब तो नई ही उठूँगी। दादी उठती है। बिलकुल नई। नया बचपन, नई जवानी, सामाजिक वर्जनाओं-निषेधों से मुक्त, नए रिश्तों और नए तेवरों में पूर्ण स्वच्छन्द। हर साधारण औरत में छिपी एक असाधारण स्त्री की महागाथा तो है ही रेत-समाधि, संयुक्त परिवार की तत्कालीन स्थिति, देश के हालात और सामान्य मानवीय नियित का विलक्षण चित्रण भी है। और है एक अमर प्रेम प्रसंग व रोज़ी जैसा अविस्मरणीय चरित्र। कथा लेखन की एक नयी छटा है इस उपन्यास में। इसकी कथा, इसका कालक्रम, इसकी संवेदना, इसका कहन, सब अपने निराले अन्दाज़ में चलते हैं। हमारी चिर-परिचित हदों-सरहदों को नकारते लाँघते। जाना-पहचाना भी बिलकुल अनोखा और नया है यहाँ। इसका संसार परिचित भी है और जादुई भी, दोनों के अन्तर को मिटाता। काल भी यहाँ अपनी निरंतरता में आता है।

Pub: Rajkamal Prakashan Accession No. 157411

Call No. 891.433 G297R

## 9. <u>Maai/ Geetanjali Shree</u>



उत्तर प्रदेश के किसी छोटे शहर की बड़ी-सी ड्योढ़ी में बसे परिवार की कहानी। बाहर हुक्म चलाते रोबीले दादा, अन्दर राज करतीं दादी। दादी के दुलारे और दादा से कतरानेवाले बाबू। साया-सी फिरती, सबकी सुख-सुविधाओं की संचालक माई। कभी-कभी बुआ का अपने पित के साथ पीहर आ जाना। इस परिवार में बड़ी हो रही एक नई पीढ़ी-बड़ी बहन और छोटा भाई। भाई जो अपनी पढ़ाई के दौरान बड़े शहर और वहाँ से विलायत पहुँच जाता है और बहन को ड्योढ़ी के बाहर की दुनिया में निकाल लाता है। बहन और भाई दोनों ही न्यूरोसिस की हद तक माई को चाहते हैं, उसे भी ड्योढ़ी की पकड़ से छुड़ा लेना चाहते हैं।

Pub: Rajkamal Prakashan
Call No. 891.433 G297M

Accession No. 157412